



## August 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	FH Closed – Jul 29th to Aug. 3rd Due to OHW events		1 <b>OHW</b> 50+ Aquasize (low impact)	2	3 Adult Bowling at the Bowlcade	4
5 <b>FREE Public Swim</b>	6 <b>Holiday Facility Closed</b>	7 <b>Hop On &amp; Let's Go!</b>	8 50+ Aquasize (low impact)	9 <b>OA-Youth Anglers Club</b> <b>OA – Just Hanging Around</b>	10 Adult Bowling at the Bowlcade  <b>OA - Splish &amp; Splash</b>	11
12	13 <b>Active Adults</b> Swim Lessons begin  Youth Art Camp (13th to 17th)  OA – Wet & Wild	14 <b>Hop On &amp; Let's Go!</b>	15 50+ Aquasize (low impact)	16 <b>OA – A Trip Back in Time</b>  Luau Dance Party	17 Adult Bowling at the Bowlcade  <b>OA – Luv'n Summer</b>	18
19	20 -Active Adults - Youth Art Day - Kids Who Care  - Sandy's Skills & Conditioning (20-24)	21 <b>Hop On &amp; Let's Go!</b> - last day	22 50+ Aquasize (low impact)	23 <b>Outdoor Adventure- Science East &amp; Killarney Beach</b>	24 Adult Bowling at the Bowlcade  <b>OA-Adult Sea Kayaking</b>	25
26	27 Active Adults <b>Rec Youth Hockey Tournament</b>	28 <b>Rec Youth Hockey Tournament</b>	29 50+ Aquasize (low impact)  <b>Caroline Ouellett Hockey Camp</b>	30 <b>Caroline Ouellett Hockey Camp</b>	31 Adult Bowling at the Bowlcade  <b>Caroline Ouellett Hockey Camp</b>	



## **CLOSURES AND CANCELLATIONS:**

Field House (Court 1 and 2) Closed- Until Aug. 4th due to Old Home Week events.

All Courts, Walking Track, Locker Rooms Closed- Thursday the 2nd, 5-10pm.

Facility Closed: Aug. 6th due to New Brunswick Day Holiday.

## **REGULAR PROGRAMS AND ACTIVITIES:**

**Active Adults: every Monday. 9:30 am-noon.** Drop-in and socialize over coffee and snacks and participate in activities such as, dominos, card games, coloring, shuffleboard, and floor curling. Don't miss this great opportunity to be both, social and active. Cost is \$3 drop-in fee.

**50+ Aquasize:** This fun filled cardio-resistance exercise class will give you a full body workout. **Every Wednesday from 10-11am** at our aquatic facility. Cost: \$2/class. This is a **low impact** workout. Perfect for stretching and basic water movement.

**Adult Bowling:** The Woodstock Bowlcade is offering a bowling opportunity to adults **every Friday 2-4pm**, cost is only \$5/person. Bowlcade: 328-8418.

**Hop On & Let's Go:** Every Tuesday til August 21st we're picking up kids with the Community Van at three different locations: **Please note NEW pick-up times:** the corner of Broadway and Center Street (12:15), Poole St. Playground (12:30), and Slipp Subdivision Playground (12:45), to transport them to the AYR Motor Centre facility. Here, our Summer Staff will provide lots of exciting games and activities from 1-3pm. We'll be using lots of equipment available, as well as the aquatic facility, Connell Park playground and splash pad areas. Snacks will be provided. Kids will be dropped off after 3pm at the same locations. This is a free program and open to kids ages 5yrs and up.

## **SPECIAL EVENTS:**

**Woodstock's Old Home Week:** Lots of activities planned from July 27th to August 4th.

**Free Public Swim:** Sponsored by *Highlift Auto Services*: **Sunday the 5th, 3:30-5pm.**

**Woodstock Youth Angler's Club: Thursday the 9th, 8 am-5:30 pm.** For youth ages 12yrs and up. Limited spots available! At 8:30 we will head down to the river. The day will begin with learning the proper casting technique, once the basic skills have been mastered youth will fish at local spots on the Meduxnekeag River. After lunch, we will venture out onto the water for the afternoon to explore local hot spots for different types of local fish. **Items to Bring:** Athletic clothing, bathing suit, towel, water, snacks, bug spray, sunscreen, hat. For an additional \$10, participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. Must register in advance. **Cost: \$45.**

**Just Hanging Around: Thursday the 9th, 8 am-5:30 pm.** For youth ages 12yrs and up. Only 15 spots available! **Participants must be able to reach 5'11" with their fingertips.** At 8:30 we will head out to TreeGO Mactaquac. We will be hanging and zipping through the trees from 10am to lunch time. We will have lunch at TreeGO, then venture to Mactaquac beach where we will swim and play for the afternoon. **Items to Bring:**





Athletic clothing, bathing suit, towel, water, snacks, bug spray, sunscreen, hat. For an additional \$10, participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. Must register in advance. **Cost: \$80.**

**Splish & Splash - Yogi Bear's Jellystone Park:** For youth ages 5-7 (half day); ages 8+ (full-day). **Friday, August 10th, Full-day-8am-5:30pm, Half-day-12:30-5:30pm.** We'll enjoy the day playing on the playground, a picnic lunch, and a slip n slide at the Water Wizard Water Slides. **Items to bring:** a change of clothes, bathing suit and towel, water, lunch, snacks, bug spray, sunscreen, hat. **Cost: \$50 (full-day); \$25 (half-day).** For an additional \$10, participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. Must register in advance. Payment must be made at the time of registration. [www.jellystoneparknb.com](http://www.jellystoneparknb.com)

**Wet & Wild: Quilli's Family Fun Water Park:** For youth ages 10+. **Monday, August 13th, 8am-5:30pm.** We're heading to Woolastook to enjoy a day on the inflatable water park. This was one of our favourite day trips last summer. **Items to bring:** a change of clothes, bathing suit and towel, lifejacket, water, lunch, snacks, bug spray, sunscreen, hat. **Cost: \$65.** For an additional \$10, participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. Must register in advance. Payment must be made at the time of registration. [www.quilli.ca/waterpark](http://www.quilli.ca/waterpark)

**Creative Minds Studio for young artists - Summer Art Camp:** Ages 8+. Camp will be offered the week of August 13th-17th Time: 9am-3:30pm. A full week of creativity and fun! Students will explore new mediums and techniques, be introduced to artists' works and much more! Participants will be given a chance to develop their own projects as the week goes on and given the guidance and attention they need to complete unique projects. \*Please provide a lunch and snacks for kids along with a water bottle and sunscreen. MAXIMUM 6 STUDENTS for camp! This ensures that your child is given the attention they need in order to fully understand techniques and the medium. **Cost: \$285** All artist quality supplies included the guidance and attention they need to complete unique projects.

**'Swim for Life' Swim Lessons:** Lessons begin on **Monday the 13th.** We offer a 2-week Lifesaving Society's 'Swim for Life' program. The August session is scheduled from the 13th to 25th.

**A Trip Back in Time:** For youth ages 8yrs+. **Thursday, August 16th, 8am-5:30pm.** We'll be visiting the historical site at King's Landing near Fredericton. We'll step back in time with a community of costumed characters and several historic buildings. Participants will enjoy a full day of visiting various locations to learn how things were done in the past. **Cost: \$55.** For an additional \$10, participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. Must register in advance. Payment must be made at the time of registration. [www.kingslanding.nb.ca](http://www.kingslanding.nb.ca)

**Luau Dance Party:** **Thursday the 16th, 5:30-7:30 pm** at AYR Motor Centre. For intellectually & physically challenged adults. DJ John Allen entertaining; Refreshments provided. This is a FREE event.

**Luv'in Summer:** For youth ages 8yrs+. **Friday, August 17th, 8am-5:30pm.** Participants will enjoy a day at the water park near Fredericton where we'll have access to a heated pool and water slides! Other activities include mini golf, a climbing wall and kayak rentals. **Cost: \$65.** For an additional \$10, participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. Must register in advance. Payment must be made at the time of registration. [www.harttisland.ca](http://www.harttisland.ca)





**Creative Minds for young artists - Art Days:** Ages 5-7: Monday, the 20th. **Time:** 10am- 3pm. **Cost: \$85** for the day. All artist quality supplies included MAXIMUM 6 STUDENTS! These young artists will explore new ways to make marks and explore textures, new materials and techniques. This will be a day full of exploration and fun! Please provide a lunch, water bottle, sunscreen and change of clothing. MAXIMUM 6 Students! Payment required at registration Call the AYR Motor Centre to register (506) 325-4671.

**Sandy's Skills and Conditioning On+Off-Ice Hockey Camp:** 8am until 2pm Monday the 20th until Friday the 24th. For Youth Bantam Age and Up. Open to the first 60 athletes, 30 per group. 2hrs on-ice/day. Lunch included. 5-off ice sessions. 3 classroom sessions. Plus Sandy's Hockey Camp jersey. Fees: \$500 plus tax/each athlete. Register at the AYR Motor Centre or email Sandy at [sandy15mac@icloud.com](mailto:sandy15mac@icloud.com). This is not a beginner program. Athletes must be able to skate, shoot and pass. Registration is due August 10th.

**Youth Outdoor Adventure - Science East and Killarney Lake:** Thursday the 23rd, 8 am-5:30 pm. For youth ages 8yrs and up. 15 spots available. At 8:30 we will head out to Science East in Fredericton. Their leaders will give as a science-filled demonstration, followed by some exploring of the centre. We'll break for lunch at a local park before heading to Killarney Lake Beach area. **Items to Bring:** Swim suit, towel, sneakers, snacks, water, sunscreen, hat. For an additional \$10, participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. Must register in advance. Cost: \$55.

**Sea Kayaking on the Bay of Fundy:** Friday, August 24th, 7am-7pm. We're heading to Alma to enjoy a day on the Bay of Fundy. This four-hour program offers dry-land training, outfitting, and three glorious hours on the water following the coastline of Fundy National Park. Paddlers also have the opportunity to stop and explore a quiet beach to enjoy a hearty snack of fruit and local treats. FreshAir Adventure's guides will inform you of the natural history of the area and you will experience first-hand the world's highest tides on the Bay of Fundy (Supper not included in price). **Cost: \$110/person. For an additional \$10, participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. Must register in advance. Payment must be made at the time of registration. [www.freshairadventure.com](http://www.freshairadventure.com)**

**Summer Meltdown Cup - 4-On-4 Youth Ice Hockey Tournament:** Monday the 27th and Tuesday the 28th. Divisions: 8-10, 11-12, 13-14yrs. No Goalies (pond hockey nets). Up to 5 players on a team. Minimum 3-4 games/day. Awards for Top Teams. Off-ice activities. Mandatory equip: helmet, gloves, stick. Optional equip: shin pads, cup. Registration: \$100 includes snacks and lunch. **Must register in advance. Payment must be made at the time of registration.**

**Caroline Ouellette's Hockey Camp:** Wednesday the 29th to Friday the 31st. The camp targets athletes that are between 6 and 17yrs. Players that took part in hockey initiation programs are welcome. Players will be divided in groups based on age and caliber. On and off ice training, goalie sessions and classroom sessions. Register at [campcarolineouellette@gmail.com](mailto:campcarolineouellette@gmail.com)