



July 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Canada Day Kids of Steel Close @ 12pm	2 Active Adults Youth Golf Horse Care	3 Youth Tennis Hop On & Let's Go Swim Team	4 50+ Aquasize (low impact)	5 Outdoor Adventure- Chasing Waterfalls Swim Team	6 Outdoor Adventure- A Morning in the Strawberry Patch	7 Swim Meet-PA
8 FREE Public Swim	9 - Active Adults - Swim Lessons - Youth Golf - Horse Care - Summer Art Camp	10 Youth Tennis Hop On & Let's Go Swim Team	11 50+ Aquasize (low impact) Youth Street Hockey Jamboree	12 OA- Exploring the Wilderness Swim Team Glow Dance Party	13 Adult Bowling at the Bowlcade OA - Ultimate Survivor	14 Dooryard Arts Festival 1K Kids Fun Run Swim Meet-Centreville
15	16 - Active Adults - Swim Lessons - Youth Golf - Horse Care - Woodstock in-motion Games - Youth Art Day	17 - Youth Tennis - Hop On & Let's Go - Swim Team	18 50+ Aquasize (low impact)	19 WV in-motion Games Swim Team	20 Adult Bowling at the Bowlcade WV in-motion Games	21 Swim Meet- Grand Falls
22	23 - Active Adults - Youth Golf - Horse Care	24 - Youth Tennis - Hop On & Let's Go - Swim Team	25 50+ Aquasize (low impact)	26 OA- All Things Marine Swim Team	27 Adult Bowling at the Bowlcade OA – Cow Patties & Pins	28 Tim Hortons Joe McGuire Road Race Swim Meet-P.R.
29	30 - Active Adults - Youth Golf - Horse Care - Youth Art Day	31 - Youth Tennis - Hop On & Let's Go - Swim Team				



CLOSURES AND CANCELLATIONS:

Facility Closed Sunday the 1st at noon for Canada Holiday.

Field House Closed Monday the 30th and Tuesday the 31st due to OHW and Private Rental.

REGULAR PROGRAMS AND ACTIVITIES:

Active Adults: every Monday. 9:30 am-noon. Drop-in and socialize over coffee and snacks and participate in activities such as, dominos, card games, coloring, shuffleboard, and floor curling. Don't miss this great opportunity to be both, social and active. Trainer, Miranda Prosser will be doing some exercises and stretches with the group at the end of the morning. Cost is \$3 drop-in fee.

50+ Aquasize: This fun filled cardio-resistance exercise class will give you a full body workout. **Every Wednesday from 10-11am** at our aquatic facility. Cost: \$2/class. This is a **low impact** workout. Perfect for stretching and basic water movement.

Adult Bowling: The Woodstock Bowlcade is offering a bowling opportunity to adults **every Friday 2-4pm**, cost is only \$5/person. Bowlcade: 328-8418 .

Hop On & Let's Go: Every Tuesday til August 21st we're picking up kids with the Community Van at three different locations: the corner of Broadway and Center Street (12:30), Poole St. Playground (12:40), and Slipp Subdivision Playground (12:50), to transport them to the AYR Motor Centre facility. Here, our Summer Staff will provide lots of exciting games and activities from 1-3pm. We'll be using lots of equipment available, as well as the aquatic facility, Connell Park playground and splash pad areas. Snacks will be provided. Kids will be dropped off after 3pm at the same locations. This is a free program and open to kids ages 5yrs and up.

SPECIAL EVENTS:

Kids of Steel Triathlon: Sunday the 1st, Bike Check and Registration 8:30-9:30 am. Race starts at 10am. This Canada Day event is for youth ages **5-15yrs** and is sponsored by Manulife Securities. The swim/bike/run race is centered on creating a healthy lifestyle for kids. Through a successful event, participants will associate sport with fun and personal reward, as well as developing healthy lifelong habits. One lucky participant will win a new bike, donated by Canadian Tire. Prizes will be given through a random draw in each division. Items to Bring: Bike, water bottle, towel, and appropriate attire for the race. Cost: \$10 per participant; \$20/2 or more. Includes a t-shirt, official TriNB race medal, other activities, and post-race refreshments. Register in advance.

Youth Outdoor Adventure - Chasing Waterfalls: Thursday the 5th, 8 am-5:30 pm. For youth ages 8yrs. At 8:30 we will head out in the van to find some of our local waterfalls. This will involve hiking, exploring and geocaching through the trails and woods throughout the upper river valley region. **Items to Bring:** Athletic clothing, sneakers, water, hat, sunscreen, bug spray, lunch, snacks. Cost: \$35. For an additional \$10 participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. Must register in advance as spots are limited. Payment must be made at the time of registration.



Youth Outdoor Adventure - A Morning at the Strawberry Patch: For ages 5-8yrs. We'll be visiting a local strawberry farm to pick some delicious berries on **Friday the 6th**. Participants will have the opportunity to make their own jam when we return to the AYR Motor Centre. Drop-off between 7:30-8am. Pick-up at 12:30pm. Participants will be provided lunch from our 2nd Home Café & Grill. Cost: \$25. Must register in advance as spots are limited. Payment must be made at the time of registration.

Free Public Swim: Sponsored by *Highlift Auto Services*: **Sunday the 8th, 3:30-5pm.**

'Swim for Life' Swim Lessons: Lessons begin on **Monday the 9th**. We offer a 2-week Lifesaving Society's 'Swim for Life' program. The July session is scheduled from the 9th to 20th.

Creative Minds Studio for young artists - Summer Art Camp: Ages 8+. Camp will be offered the weeks of **July 9th-13th** and August **13th-17th** Time: 9am-3:30pm. A full week of creativity and fun! Participants will be given a chance to develop their own projects as the week goes on and given the guidance and attention they need to complete unique projects. *Please provide a lunch and snacks for kids along with a water bottle and sunscreen. **MAXIMUM 6 STUDENTS** for camp! This ensures that your child is given the attention they need in order to fully understand techniques and the medium. **Cost: \$285** All artist quality supplies included the guidance and attention they need to complete unique projects.

Youth Street Hockey Jamboree: Wednesday the 11th. Registration 8:00-8:30 am. Games start at 9 am and event ends at 4:30 pm. Pick up 4:30-5:00 pm. Age Divisions 7-9, 10-12, 13-14. All players should bring hockey gloves, and their own hockey sticks. They should also bring a bathing suit and a towel as we will be going swimming in the afternoon. The purpose of this 3-on-3 event is for youth to be active and experience the joy of competing in an event! Prizes will be awarded to Division Champs! **Cost: \$35.00 includes 3-5 games/team, public swim, activities, awards, and lunch.** Please register in advance. Participants may sign up as a team or individual. Payment must be made at the time of registration.

Youth Outdoor Adventure - Exploring the Wilderness: Thursday the 12th, 8 am-5:30 pm. For youth **ages 8+**. In the morning, we will practice archery skills at the Woodstock Archery Club. Then we will head to Red Bridge to the Meduxnekeag Trails where we will have a guided trek through the orange and yellow trails. To end the day, we will go geocaching around town. **Items to Bring:** Sneakers, water, lunch, snacks, hat, sunscreen, sunglasses, bug spray. **Cost: \$40.** For an additional \$10 participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. Must register in advance as spots are limited. Payment must be made at the time of registration.

Youth Outdoor Adventure - The Ultimate Survivor: Friday the 13th, 8 am-5:30 pm. For youth ages **12yrs+**. At 8:30 we will head out to Megiddo paintball located between Florenceville-Bristol and Perth. While there we will play attack the tank, defend the fort, and cops and robbers in the village of Alderville. A waiver will need to be signed. **Items to Bring:** Clothes that cover whole body and are thick (sweater and pants), sneakers, hat, baseball cap, lunch, snacks, water, sunscreen, sunglasses, bug spray. Helmets are provided, but can rent more gear at an extra cost. Participants also have the option of purchasing additional paintballs. **Cost: \$55.** For an additional \$10 participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. Must register in advance as spots are limited. Payment must be made at the time of registration.





Dooryard Arts Festival: Thursday the 12th until Saturday the 14th. Three days packed full of Live musical entertainment including a ‘Youth Stage’, Live Art Wars, a Market and lots of other activities. Check out their Facebook page for more info and schedule.

3rd Annual LP Fisher Kids 1Km Fun Run: Saturday the 14th at 10am. The LP Fisher Public Library and River Valley Runners are pleased to host a 1km “race” for ages 0+. Proudly sponsored by Manulife Financial. Free event. Director Jenn Carson will be leading a warm-up stretch again this year. Parents are welcome to run with their children. Strollers welcome but no dogs please (except service animals). Registration is required. Call 325.4777. Finisher prizes (books!) and healthy refreshments provided.

Creative Minds: Studio for young artists – Art Days: - Ages 5-7yrs..Dates: Monday, **July 16th, July 30th, August 20th. Time:** 10am- 3pm. **Cost: \$85** for the day All artist quality supplies included **MAXIMUM 6 STUDENTS!** These young artists will explore new ways to make marks and explore textures, new materials and techniques. This will be a day full of exploration and fun! Please provide a lunch, water bottle, sunscreen and change of clothing. **MAXIMUM 6 Students!** Payment required at registration. Call the AYR Motor Centre to register (506) 325-4671.

Woodstock in-motion Games: Monday the 16th, Drop off 8-8:30am, Games will begin at 9:00am and end at 4pm. Kids, ages 5-7, will have the opportunity to participate in *in-motion* Games just like the big kids! This will include multi-sport activities, swimming, and fun games outside as well as inside (only inside if it rains). **Items to Bring:** Sunscreen, hat, bug spray, towel, bathing suit, and indoor sneakers. **Cost: \$35. Includes a variety of fun and active games, lunch, and a t-shirt. Must register in advance.**

Western Valley in-motion Games: Thursday the July 19th to Friday the - 20th. The Community of Hartland will be hosting the **36th Annual Western Valley in motion Games** this year! **Youth ages 8-13 ages.** This two-day, overnight, multi-sport event includes youth from around the Western Valley. We’re looking for youth to represent the town of Woodstock at the games! *Please be aware that pictures will be taken for promotional purposes only. We will be transporting participants by bus to the event. **Items to Bring:** Tent, sleeping bag, pillow, water bottle, pajamas, extra clothes, toiletries, sunscreen, hat, bug spray, bathing suit, and a towel. **Cost is \$55** includes games and activities, supper on Thursday, breakfast and lunch on Friday, swimming, dance, movie, camping, a t-shirt and much more! **Must register in advance.**

Youth Outdoor Adventure – All Things Marine: For youth ages 8+. Thursday the 26th, 8:00am-5:30pm. We’ll be visiting the beautiful town of St. Andrew’s where we’ll visit the Huntsman Fundy Discovery Aquarium and everything St. Andrew’s has to offer. **Items to bring:** a change of clothes, bathing suit and towel, water, lunch, snacks, bug spray, sunscreen, hat. **Cost: \$65.** For an additional \$10, participants have the option of ordering a brown-bag lunch from our 2nd Home Café & Grill. **Must register in advance. Payment must be made at the time of registration.**

Youth Outdoor Adventure - Cow Patties and Pins (half-day): For youth ages 5-8. Friday the 27th, 8:00-12:30pm. We’ll be visiting Culberson’s Farm in Jacksonville to explore a new process of milking cows. Then we’ll head to the Woodstock Bowlcade to try our hand at bowling. Lunch will be provided at the AYR Motor Centre at noon. **Must register in advance. Payment must be made at the time of registration.**

Tim Hortons Joe McGuire Road Race: On Saturday the 28th. This event has great atmosphere and is open to runners at all levels. We highly encourage our community members to get involved, either by running or walking. This year, we are celebrating the 32nd Annual. Race distances include **10K Run, 5K Run, and 5K Walk.** The race route is flat and fast along the beautiful St. John River. Bib Pick-up 7-8am and Race start 8:30am at the Woodstock Fire Station/Town Hall at 824 Main St. No same-day registration. Register on-line at www.atlanticchip.ca or at the AYR Motor Centre.

