



June 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1	2	3 In-motion Parks & Trail Day Youth Art Class
4 FREE Public Swim Youth Art Class	5 Active Adults	6	7 50+ Aquasize (low impact)	8 Western Valley Achievement Games @ Hartland	9	10 Youth Art Class
11 Youth Art Class	12 Active Adults	13	14 50+ Aquasize (low impact)	15	16 Video Dance Party	17
18	19 Active Adults	20	21 50+ Aquasize (low impact)	22	23 Last day of school	24
25	26 Active Adults Youth Golf begins	27 Youth Tennis begins Let's Play @ Poole St Swim Team begins	28 Let's Play @ Connell Park 50+ Aquasize (low impact)	29 OA- A Day on the Water Swim Team	30	



REGULAR PROGRAMS AND ACTIVITIES:

Active Adults: every Monday Please note time change - 9:30 am-12:30 pm. Drop-in and socialize over coffee and snacks and participate in activities such as, dominos, card games, coloring, shuffleboard, and floor curling. Don't miss this great opportunity to be both, social and active. Cost is \$3 drop-in fee.

50+ Aquasize: This fun filled cardio-resistance exercise class will give you a full body workout. **Every Wednesday from 10-11am** at our aquatic facility. Cost: \$2/class. This is a **low impact** workout. Perfect for stretching and basic water movement.

Youth Art Classes: (for ages 8+) **Print-making: Positive to Negative:** Students will be using rubber carving blocks to create out linecut's. Cost: \$135 includes all supplies. **Saturdays (May 6th, 20th, 27th, Jun 3rd, 10th) or Sundays (May 7th, 21st, 28th, Jun 4th, 11th).** Must register in advance for all classes. **2:30-4:30pm**

Little Artist Classes: (for ages 5-7) **Print-making: Positive to Negative:** Students will be using rubber carving blocks to create out linecut's. Cost: \$95 includes all supplies. **Sundays (May 7th, 21st, 28th, Jun 4th, 11th).** Must register in advance for all classes. **1-2pm**

Youth Golf: Mondays, June 26th to July 31st, 10 – 11:30 am. Designed for youth ages **9yrs and up.** Participants will learn the technical skills of the game through use of the course and driving range. Kids will be transported by the Recreation Department to the **Covered Bridge Golf & Country Club** in Hartland. We meet at the AYR Motor Centre at 9:30 PM & will return at 12 noon. Participants will get personalized support and individual feedback from Assistant Pro, Wade Lapage. It is recommended that participants have their own equipment. Limited: 16 participants. **Cost: \$90 includes instruction, transportation to Hartland and lunch at the clubhouse on July 31st.**

Youth Tennis: Tuesdays, June 27th-Aug 1st, 9:30-11:00 am. This program is designed for youth ages **8yrs and up.** Instructed by David Dickinson. Location: McKinley Tennis Courts. For ages 8 & up. Serve, Rally, Score! Participants will have the opportunity to learn the latest skills and techniques through development sessions, fun games, and activities. Participants will get personalized support and individual feedback from the instructor. **Cost: \$65 includes instruction and an end-of-program trip to Fredericton to have a clinic/practice with the kids in their programs August 11th.**

Summer Swim Team: Tuesdays and Thursdays starting June 27th, 3:45-4:45 pm. This Program is designed for youth ages **6 to 19yrs** that have the ability to swim in the deep end at least 25m (1 length of the pool). Participants will learn and practice stroke technique of all 4 strokes and will have the opportunity to participate in swim meets on Saturdays throughout the summer (not mandatory). **Cost: \$100 includes instruction 2x/week, cap and t-shirt, participation in all western valley swim meets (approx. 4), qualifying meet and provincial meet if qualified.**

Let's Play @ Poole Street: We're inviting kids in the neighborhood to join our staff for various low organized games and activities from **11am to 1pm every Tuesday starting June 27th.** An assortment of equipment will be available, as well as the playground and ball field area on Poole Street. Snacks provided. This is a free event and open to kids of all ages.

Let's Play @ Connell Park: We're inviting kids to Connell Park to join our staff for various low organized games and activities from **1 to 3pm every Wednesday starting June 28th.** An assortment of equipment will be available, as well as the playground and splash pad in Connell Park. This is a free event and open to kids of all ages.





SPECIAL EVENTS:

Free Public Swim: Sponsored by *Highlift Auto Services*: **Sunday, the 4th, 1:30-3pm**

Western Valley in-motion Achievement Games: On **Thursday the 8th from 9am-3pm** adults with intellectual and physical challenges are invited to this event in Hartland that includes lots of activities and a dance. It's a great chance to be active and meet new friends. Lunch is included. This event is free. Please register in advance with jill.dunnett@town.woodstock.nb.ca or 325-4307.

Video Dance Party: **Friday the 16th, 5:30-7:30 pm** at AYR Motor Centre. For intellectually & physically challenged adults. DJ John Allen entertaining; Refreshments provided. This is a FREE event.

Youth Outdoor Adventure – A Day on the Water: **Thursday the 29th, 8 am-5:30 pm.** For youth ages **11-14yrs.** Only 15 spots available! We will be driving in a van up the river valley to Florenceville-Bristol area where we will hike the Shiktehawk Stream Trail in the morning. For lunch, we will head to the Doghut canteen where kids will have the option of purchasing lunch for \$10, or they can bring their own lunch to eat along the riverside. After lunch, we put in our canoes/kayaks across from the canteen, and paddle to Hartland. After a day of adventure, we will return to the AYR Motor Centre for 5pm. We must have a parent sign the Riverview Outfitters waiver before a child can go on this trip. **Items to Bring:** change of clothes, towel, lunch or money for lunch, snacks, sunscreen, water, bug spray, sunglasses, hat, sneakers, waiver. Must register in advance. Cost: \$55.